

Number 2 - DECEMBER 2023

GIRLS and BOYS TALK



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BULLYING IN SCHOOL

We made a questionnaire about bullying in the school, on Thursday 9th, at 10:30 during anti-bullying week. In our school there are 537 students (359 answered, 303 girls, 49 boys and 7 others).

These were the results :

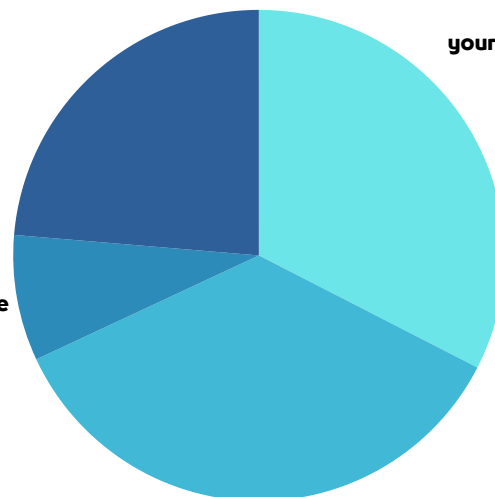
Effects of bullying

you : afraid of going to school because of (a) student(s)
40

your grades : falling apart
55

you : victim of violence
14

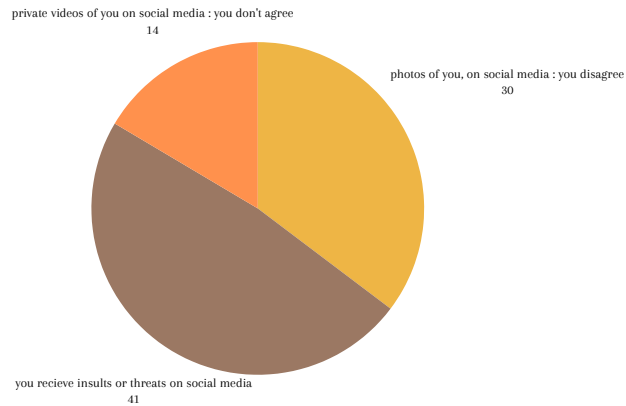
you : eating alone at the self
60



There are 4 forms of bullying : psychological, moral, sexual and physical. You are a victim of bullying when people are constantly harrassing you, mocking you, when they hit you or insult you on social media. Remember it's okay to not be okay but remember it's never okay to suffer in silence.



Cyber Bullying



- 14 out of 359 students say there are private videos of them on social media and they don't agree.
- 30 out of 359 students say there are photos of them on social media and they disagree.
- 41 out of 359 students say they receive insults or threats on social media

Feelings



- 43 students out of 359 sometimes have nightmares
- 82 students out of 359 are feeling lonely
- 61 students out of 359 have headaches or stomach aches
- 47 students out of 359 are sad.

Vocabulary

Bullying : harcèlement
Social media : réseau social
Threats : menaces

Nightmares : cauchemars
Aches : douleurs



School News

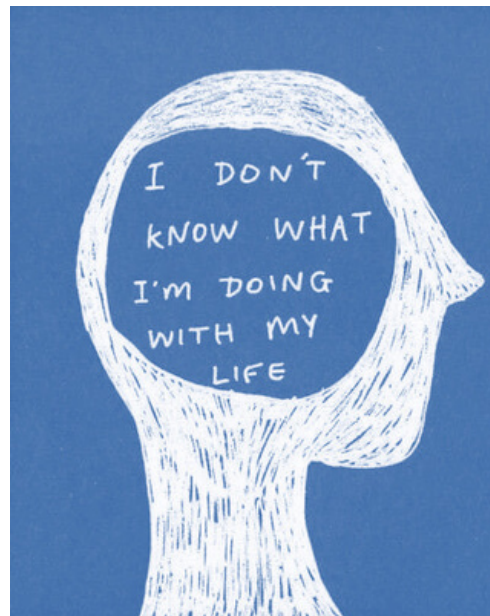
FIRST TIME THERAPY WHAT SHOULD I EXPECT?

Therapy, it's been a tabu topic for too long and sometimes it is hard to know what to expect and easy to forget that it is an option.

Here is a little introduction that can help you.

WHAT IS THERAPY?

Therapy is a process that helps you to learn more about yourself, confront problems you may have, heal from hard experiences and find tools that can help you to process, grow and improve your relation with yourself or with others.



WHO CAN GO TO THERAPY?

EVERYONE CAN
we usually think of therapy like it is for crazy people, but that's not true. as we said is made for helping you, and everyone can use some help, some of us more than others, so if you're feeling frustrated, lost, or confuse with your life or your feelings, then therapy was made for you

WHY IS IT IMPORTANT?

Emotions, growing, feelings and life in general is really complex and really fast.

you can fall into a vicious circle without knowing, and by the momment you notice you have problems, the process of healing can be too much to handle alone and preofesionals are prepared to help you properly



READING COMPETITION



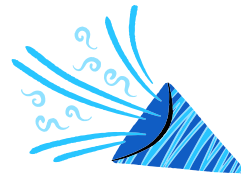
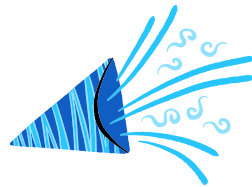
**TIME TO COMPETE!! WHAT?
ARE YOU READY?**



**You have one month to prove yourself and your teacher...
what are you capable of
will be you the lucky one?**

of what...?

well of choosing your price of course!!

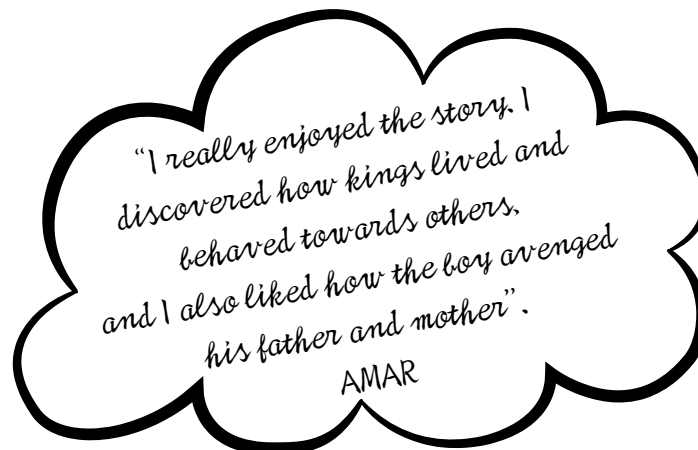


**the rules are simple
you have ONE MONTH**

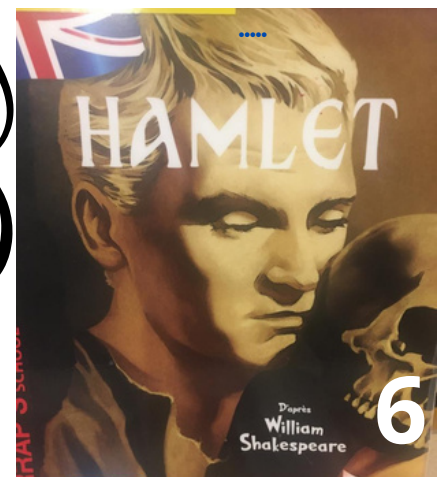
**to read
as many ENGLISH BOOKS
as possible**

WHAT DO YOU HAVE TO DO?

**once you finish them, you talk with your english
teacher, and the person with more books WINS**



HAMLET - SHAKESPEARE

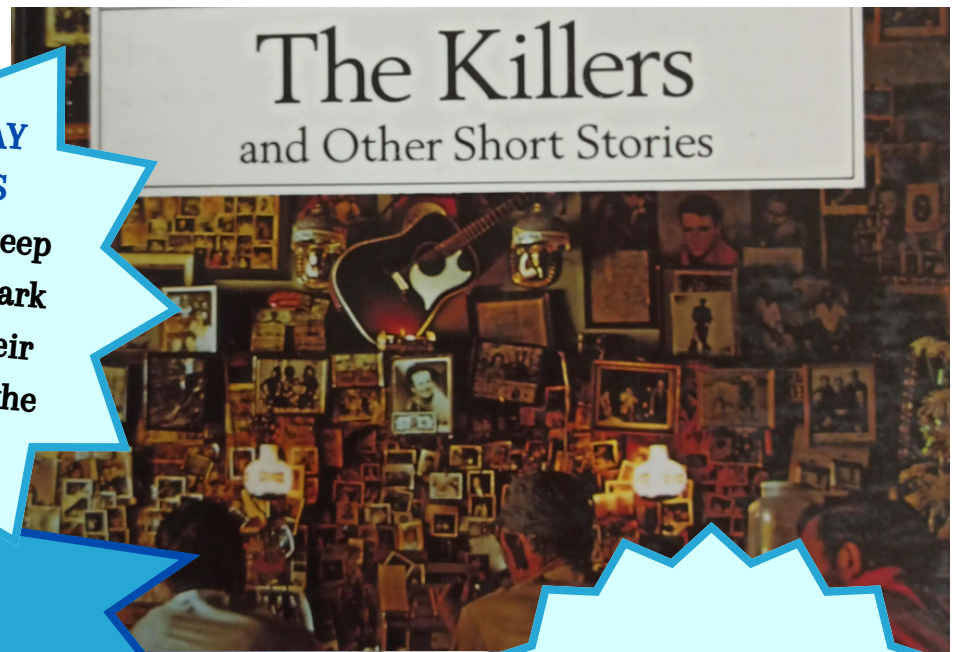


BOOK RECOMENDATIONS

HERMINGWAY THE KILLERS

A collection of deep and somewhat dark histories and their connection with the autor's life

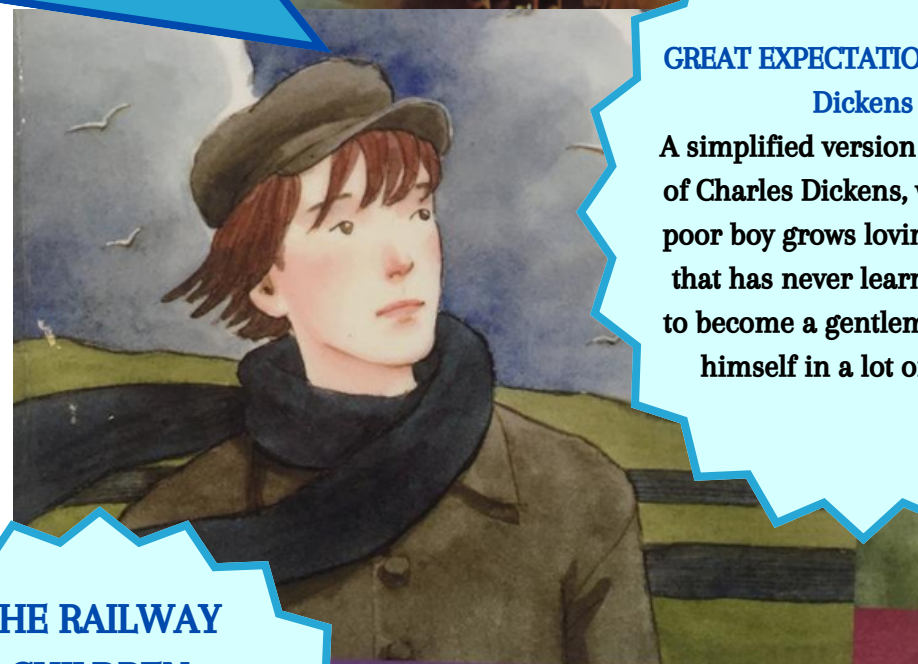
B2



GREAT EXPECTATIONS Charles Dickens

A simplified version of the book of Charles Dickens, where pip a poor boy grows loving a women that has never learned to love; to become a gentleman, he gets himself in a lot of trouble

A2



THE RAILWAY CHILDREN

a collection of short tails of 3 children that follow their heart in their messy life by the railway

A1



MY FAVORITE SONG

The song that i like is
There's nothing holding me



Shawn Mendes



The lyrics are
very very good.

"i like that song
because of
the singer"

The lyrics is about
love sad and rock

The son was released in 21-june-2017

FOOTBALL



- **1940** - Edson Arantes do Nascimento was born.
- **1956** - He played his first match.
- **1957** - He scored a first goal.
- **1958/1962/1970** - He won 3 cups of the world.
- **1962/1963** - He won the Intercontinental Cup and the Copa Libertadores.
- **1975** - He joined the championship of USA and he won the championship in 1977.
- **1977** - He retired from football at 37 years old.
- **2012** - He had cancer.
- **2022** - He died.



Charles Sibailly, Kessiya.com



- **2009** - He is spotted by a scout and is recruited by the academy of Mali (Academy Jean Marc Guillou).
- **February 2016** - He scores his first goal with the national team of Mali against Ivory Coast (his original country).
- **July 2016** - He joins and signs his first professional contract in Lille OSC, France.
- **2018** - He joins Brighton Hove and Albion FC, England, for 5 years. Price of transfer: 20 millions of euros.
- **2022** - He joins Tottenham Hotspurs FC, England, for 4 years. Price of transfer: 29 millions of euros.

Famous People

The Life of “The King of Akron”



2003

LeBron was drafted 1st pick by his hometown team the Cleveland Cavs



2007

LeBron played his first NBA Finals against the San Antonio Spurs ; he unfortunately lost it



2010

LeBron left the Cleveland Cavaliers for the Miami Heat during a special interview named : The Decision



2012

LeBron won his first NBA Title with the Miami Heat against the OKC Thunder



2016

LeBron came back to Cleveland and won his third NBA Title and the first title of the Cavs despite a deficit of 3-1 against the Golden State Warriors



2023

LeBron surpassed Kareem Abdul Jabbar and became the greatest scorer of all-time in the NBA

Hairdressing

MESSAGES

Jean Paul Ospina Villegas
The World Of Hair



MESSAGES

The world of hair is very good. To be a hairdresser, all you need is a diploma.



MESSAGES

To be a hairdresser you need many skills, you must know:

- You must know how to color
- You must know how to cut men or women
- You must know how to shampoo

MESSAGES

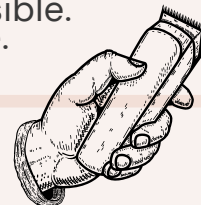
To be a hairdresser you need many qualities :

- You must be patient.
- You must be sociable.
- You must smile.
- You must be responsible.
- You must be positive.



MESSAGES

The salary of a hairdresser est 1800 Euro.
We work Tuesdays to Sundays from 10 am to 8 pm.



Thai Massage

Thai massage called Thai yoga massage is practiced on the grounds on a tatami, and the movements are done on the clothes. It combines stretching, yoga postures, meditation and the benefits of a therapeutic touch. It increases the level of concentration, fights against insomnia, improves digestion problems, releases endorphins in the body for well-being and happiness. The Thai massage relaxes the body and the mind.



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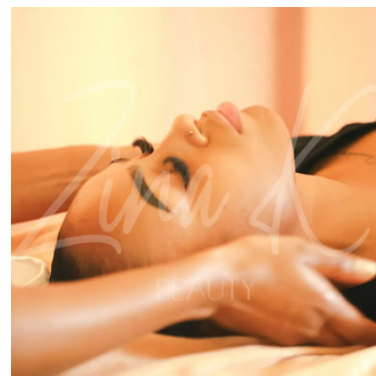


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Californian Massage

Californian massage is a gentle and relaxing massage technique. It is characterized by long and soft movement, with the use of large amounts of oil or cream. It's often associated with breathing and meditation techniques to help deep relaxation of the body and mind. The objective is :

- to help reduce stress and tension,
- to improve blood flow and skin elasticity,
- to help relieve muscle and joint pain,
- to improve sleep,
- to improve self-esteem and emotional well being,
- to improve flexibility.



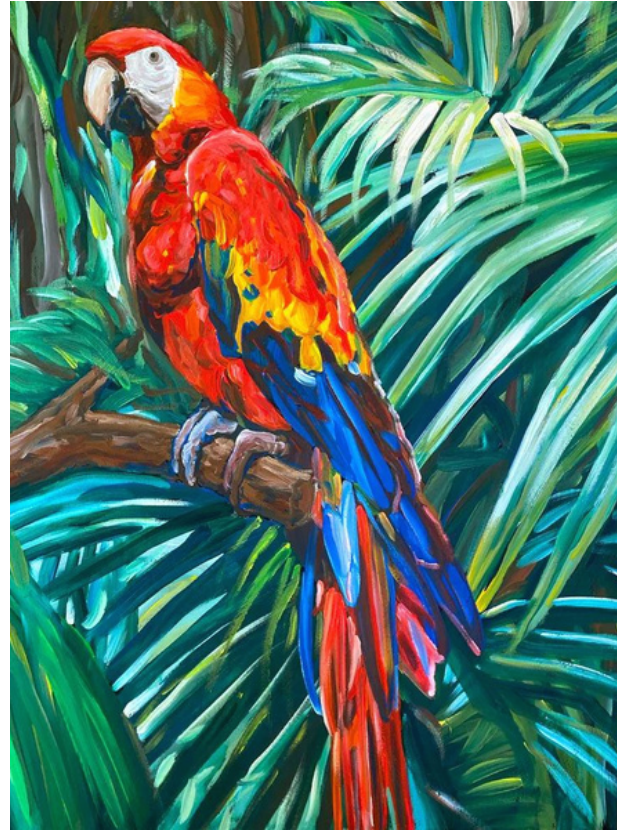
<https://zinakbeauty.com/modelage-corps/>



<https://www.auxcouleursdemargo.fr/service/51-06919723237376>



**THANKS TO
Students from
Prepasup
UPE2A
T-COIF
BTS1
and Mrs BLAIZOT**



SEE YOU IN FEBRUARY